

Hope Centre Health Care
240 Powers St.

KOOKUM & MOOSHUM DROP-IN

GRANDMOTHERS & GRANDFATHERS GATHERING



A Group supporting one another another

DATE: Thursdays, Sept 19th-Nov 21st 2019

TIME: 1:30 - 3 pm

Snacks provided

PROGRAM ACTIVITIES

Sept 19 th	Welcome / Tea Tasting Game
Sept 26 th	Craft
Oct 3 rd	Presentation on Healthy Smile
Oct 10 th	Baking
Oct 17 th	Craft Activity
Oct 24 th	Presentation – Cultural performance
Oct 31 th	Halloween party
Nov 7 th	Presentation -All about diabetes
Nov 14 th	Game Day
Nov 21 th	Wind-up & celebration

Contact: Brenda & Maggie

@ 204 589 8354